

# You have to be there!

## Improvisation for Coaching Mastery!

### Presence and Intuition.

*We invite you to an intensive mastery programme for experienced coaches.*

Presented by Jenny Bird MCC and Ros Button M.A. actor

We will work through improvisation techniques and coaching presence to focus on how we can bring the whole of ourselves to the coaching relationship to the benefit of our clients and the development of our skills. During the 3 (ish) days we will: improvise, coach, listen, experiment, reflect and play. Each day is a mix of work on being present, exploring your influences and insights, coaching in the moment and feedback.

*The programme invites you to:*

- Use more of yourself
- Access your intuition
- Take risks

Outcomes: fuller presence, greater awareness of how your influences show up in your coaching, feedback on your coaching.

16.00 Monday 16 September to 16.00 Weds 18 September 2013

Sheldon Manor, Wiltshire's oldest inhabited manor house!

12 places only!

Fabulous venue, gorgeous food, great learning! 18 ICF CCEs

8 places @ £900 inc. VAT, accommodation and all food

4 places @ £800 (sharing large twin rooms in self-contained cottages)

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# Improvisation for Coaching Mastery: Presence and Intuition

March 2013

## Participants said:

“As coaches and people developers this type of experience is a must if we are truly serious about growth for self and others.” *Ian Sellick PCC*

“I am walking away with a deepened sense of what possibilities I’d lost sight of and didn’t even know of in terms of bringing more mastery to my coaching. A phenomenally good use of 2 days. I can’t wait to make my learning and insights real! Thank you so much, Jenny and Ros.” *Satu Kreula , Executive Coach*

“Exactly what I needed! This workshop completely supported my own growth as a coach in the best way I could imagine at this time. Stimulating and expansive. Excellent.” *Anne Miller, Coach*

“A thoroughly enjoyable, productive and progressive workshop which exceeded my expectations and facilitated improvements to my coaching mastery. Great group dynamic” *Robyn Robertson, Executive Coach. Robertson Fox Coaching Ltd.*

“A great opportunity to spend time on my own self-development as a coach in an environment encouraging stretch while keeping me safe. Two whole days where an environment was co-created that encouraged deep reflection and lots of new learning.” *Alison Kane, Leadership and Management Coach*

“I learned a quote on the workshop, “the simple beyond complex”. This is what this course has helped me find in my coaching. Thank you Ros and Jenny.

Your choice of venue was superb (quirky, gutsy, wonderful!)

*Ann Sherrington*

“The best opportunity for developing mastery from within rather than adding yet more models and techniques and complexity.” *Jeff Gill PCC*

“Jenny and Ros were fantastic at creating a real environment for learning and trying out mastery. I really enjoyed it!” *Neela Bettridge*